

## THE LOST ART OF DYING: LESSONS FROM A PANDEMIC

**[TO REGISTER CLICK HERE](#)** or scan QR Code in advance of the meeting. After registering, you will receive a confirmation with information about joining the meeting.

*If your system does not support auto linking, copy and paste URL into your browser: <https://l.ead.me/LostArtDying>*



### Featuring:

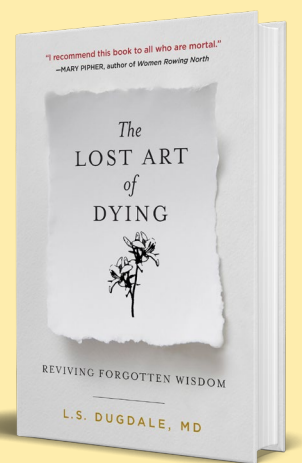
**Lydia Dugdale, MD, MAR**, is the Director of the Center for Clinical Medical Ethics, Columbia University Vagelos College of Physicians and Surgeons. A practicing internist, her scholarship focuses on end-of-life issues, the role of aesthetics in teaching ethics, moral injury, and the doctor-patient relationship. She is author of [The Lost Art of Dying: Reviving Forgotten Wisdom](#) (HarperOne, 2020) and editor of [Dying in the Twenty-First Century](#) (MIT Press, 2015). Dugdale holds an MD from University of Chicago, completed residency training at Yale-New Haven Hospital, and holds a MAR in ethics from Yale Divinity School.



### ABOUT THE TALK:

*The COVID-19 pandemic brought death into relief in unprecedented ways. But are we prepared to die?*

*Centuries ago, in the wake of the Bubonic Plague, a text was published offering advice to help the living prepare for a good death. Written during the late Middle Ages, the *ars moriendi*—*Art of Dying*—made clear that to die well, one had to live well and described what practices best help us prepare. When Dr. Dugdale discovered this medieval book, it was a revelation. Inspired by its holistic approach to the final stage we must all one day face, she drew from this forgotten work, to write a new *ars moriendi*, [The Lost Art of Dying: Reviving Forgotten Wisdom](#) (HarperOne).*



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- ★ 2021 Word&Way Book of the Year
- ★ Nautilus Book Award Winner

*In her presentation, Dr. Dugdale will provide thoughtful guidance that will change our perceptions. By recovering our sense of finitude, confronting our fears, accepting how our bodies age, developing meaningful rituals, and involving our communities in end-of-life care, we can discover what it means both to live and die well. Dr. Dugdale offers a hopeful perspective on death and dying as she shows us how to adapt the wisdom from the past to our lives today. Hers is vital, affecting work that reconsiders death, death culture, and how we can transform how we live each day, including our last.*