

SPEAKERS SERIES FEB 10, 2023, 10 – 11A EST

TRAUMA HEALING: Somatic interventions and clinical applications to promote growth and resiliency from the emotional and physiological sequela of the Pandemic.

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- NYU Postdoctoral Program in Psychotherapy and Psychoanalysis
- National Institute for Psychotherapy and Psychoanalysis
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- Clinical supervisor and visiting faculty Hadassah Hospital in Jerusalem
- Co-chair of NYSPA Special Interest Trauma Group

SELECTION OF PUBLISHED WORKS:

Rappoport, Evelyn. (2012). Creating the umbilical cord: Relational knowing and the somatic third. Psychoanalytic Dialogues, 22, 375-388.

Rappoport, Evelyn. (2015). Dynamic linking of psyche and soma: Somatic experiencing and embodied mentalization. In J. Bresler and K. Starr (Eds.) Relational psychoanalysis and psychotherapy integration: An evolving synergy (pp. 136-157).

Rappoport, Evelyn. (2016). Tower of skulls: A totemic memorial to the Cambodian genocide. In Trans-generational Trauma and the Other: Volume II. 1st Edition, 15.

ABOUT THE TALK:

Trauma lives in the body and the physiology of nervous system long after an event has been forgotten. Traumatic stress, emotional dysregulation, and acute suffering all create symptoms which are often embedded in the body, resulting in habitual patterns of constriction, dissociation, anxiety and pain. When words fail in the therapeutic session, it is the body that holds the score as narrator of history and authentic experiences.

SPEAKER SERIES OF THE
HOSPITAL, HEALTH & ADDICTION WORKERS, PATIENTS
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